



Aged Care Volunteer Visitors Scheme

Need a volunteer?

-  **1800 655 566**
Monday to Friday, 8.30am - 4.30pm
-  **acvvsreferral@advocare.org.au**
-  Perron Place Suite 4/61 Kitchener
Avenue Victoria
Park WA 6100
-  **www.advocare.org.au**

Who is Advocare?

Advocare is a leader in upholding the rights of older people and addressing elder abuse. We are also the custodians of the Seniors Peak Body in Western Australia.

We believe our rights do not diminish with age. Since 1996, we have proudly supported older people across Western Australia to access the information, support and protections they deserve.

Advocare is a not-for-profit organisation independent from aged care providers, government, and industry. Our services are free, unbiased and confidential.



Program Referrals



I can see that she is smiling and laughing more now compared to when I first met her – especially now I'm bringing my puppy to visit.

INGE
ACVVS VOLUNTEER

What is the Aged Care Volunteer Visitors Scheme? (ACVVS)

The ACVVS is a community program that combats loneliness and isolation among older people, particularly those facing mobility issues, cultural differences, or limited social contact.

This free service matches volunteers with older adults based on shared interests, fostering meaningful connections and enhancing the quality of life for those at home or in aged care.

All our volunteers are trained and have undergone police checks.

I love it, having a visitor makes me feel less lonely, we get along like a house on fire.

JOY

What does a Volunteer do?

Once matched, the Volunteer will visit the older person in their home or aged care residence, offering regular companionship and support.

Visits usually take place at least once a fortnight for a minimum of one hour. Most visits are in person, but if that's not possible, volunteers stay connected through phone or video calls, emails, or letters.

There are many ways to spend time together, including:

- chatting over a cuppa
- sharing hobbies
- taking a walk in the garden
- enjoying music or reading together
- playing cards or games.

What are the benefits of having an ACVVS volunteer?

Volunteering can bring valuable benefits to older people, helping support overall wellbeing by promoting:

- a sense of connection and purpose
- emotional and practical support
- empowerment and self-worth
- a chance to share their story.

Eligibility

Volunteer visits are available to anyone receiving, or approved for, government-subsidised residential aged care or Support at Home packages, including those on waiting lists for these aged care services.

